

- FOOD -

THE CAPTAIN COOK

- MENU -

SUNDAY ROAST

30-DAY DRY-AGED PURE GRASS-FED BRITISH BEEF 23

With hispi cabbage, fine green beans, carrots, parsnips, roast potatoes, and a Yorkshire pudding

CORN-FED SUPREME ENGLISH CHICKEN BREAST 21

With hispi cabbage, fine green beans, carrots, parsnips, roast potatoes, stuffing, and a Yorkshire pudding

LOCALLY-SOURCED ENGLISH LAMB - 24

With hispi cabbage, fine green beans, carrots, parsnips, roast potatoes, and a Yorkshire pudding

ULTIMATE NUT ROAST - 19

With hispi cabbage, fine green beans, carrots, parsnips, roast potatoes, and a Yorkshire pudding

CAULIFLOWER CHEESE - 10

PLATOS PRINCIPALES

MAIN MEALS

BEER-BATTERED HADDOCK & CHIPS - 16.5

w/ mushy peas & tartare sauce

MOVING MOUNTAINS VEGGIE BURGER - 16

with cheese, sauce, crispy onions & sweet potato fries

CRISPY FISH BURGER WITH CHARCOAL BUN - 16.5

With lettuce, pickle, tartare sauce & sweet potato fries

CAPTAIN'S FAVOURITE BEEF BURGER - 16.5

With bacon, cheese, sauce, crispy onions & chips

TAPAS

PINCHITO DE POLLO - 9.5

Grilled marinated chicken skewer with saffron aioli

TOSTA SOBRASADA - 9

With crusty olive oil and rosemary bread, walnuts & honey

ARANCINI DE QUESO MANCHEGO - 10

Manchego cheese arancini w/ sweet chilli mayo

CHORIZO A LA SIDRA - 9

Spanish chorizo in cider sauce

ANCHOAS DE CANTABRIA CON QUESO MANCHEGO - 9

Anchovies served with Manchego cheese

NUESTRAS BERENJENAS - 9

Fried aubergines with honey & goat's cheese

CROQUETAS CASERAS DE JAMON IBERICO - 10

Homemade Iberian ham croquettes

PAN CATALAN - 3.8

Toasted bread with tomato, olive oil & black pepper / per person (2 pieces)

ALBONDIGAS RELLENAS DE MANCHEGO - 10

Meatballs stuffed with Manchego cheese in tomato sauce

BOQUERONES EN VINAGRE - 9

Fresh marinated white anchovies in vinegar

PESCADO REBOZADO CON PATATAS - 8.8

Mini fish & chips

ENSALADA GRIEGA - 8

Greek style salad

BOCADITOS DE PANCETA - 8.8

Pork belly bites with balsamic dressing

GAMBAS AL AJILLO - 11

King prawns w/ garlic and fresh chilli sauce

PATATAS BRAVAS - 7.8

With aioli & bravas sauce

CHIPIRONES FRITOS - 9.3

Salt & peppers squid w/ aioli

CROQUETAS DE CHAMPINONES Y TRUFA - 9.3

Mushroom & truffle croquettes

PIMIENTOS DEL PADRON - 8.5

Padron peppers with Maldon sea salt

NUGGETS DE POLLO - 7.8

Homemade chicken nuggets with BBQ sauce & mayo

CROQUETAS CASERAS DE CALAMAR - 9.5

Homemade croquettes w/ squid ink

JAMON IBERICO DE CEBO - 11

Hand-cut Iberian cebo ham